



**LIFESAVING SOCIETY**

*The Lifeguarding Experts*

**Safety Plan for City of Markham  
Canadian Pool Lifesaving Championships  
June 2 & 3, 2018**

**Purpose**

The purpose of this plan is to maximize safety at Lifesaving Society Championships held at the following City of Markham pools, and facilities: Markham Pan Am Centre.

General procedures are in the City of Markham Aquatic Staff Manual, in conjunction with the legislation and regulations pertaining to pool operations. This plan will address items specific to Canadian Pool Lifesaving Championships held at these facilities.

**Code of Conduct**

Everyone has the responsibility of acting in a safe manner. This includes volunteers, officials, guests, competitors, coaches, meet management etc. However it is the responsibility of the management team to ensure that this plan is enforced. Anyone not adhering to the safety procedures as prescribed in this plan may be disqualified or removed from the property. Unsafe actions and behaviours will not be tolerated.

**Safety Plan**

**General Safety**

Smoking is not permitted inside any competition building.

It is the responsibility of each individual to ensure that personal belongings are kept in a safe place. Valuables are the safest when kept at home.

If set up requires specialized equipment i.e. ladders, computers etc. designated specially trained crew will be responsible for its safe installation.

**Safety Officer/Chain of Command**

Safety Officer for the competition is Head Lifeguards (Tiffany Mak & Muhammed Faraz Tarbhai).

The Safety Officer is required to report and document any incidents that occur on behalf of the Lifesaving Society. Health and Safety Representatives are also provided by the hosts for all venues that take place in the Markham Pan Am Centre buildings.

The Management Team consists of the

Meet Manager	Lorraine Wilson-Saliba
Chief Referee	Hugo Rodrigues
Safety Officer	Head Lifeguards (Tiffany Mak & Muhammed Faraz Tarbhai)
Host Representative	Jeff McCurdy
Lifesaving Society Representative	Rebecca Boyd

Pool areas will be supervised by qualified and trained lifeguards.

In case of an emergency the following is the order in which communications should occur:

1. Site Health and Safety Representative/Event Director
2. Safety Officer

3. Meet Manager/Chief Referee
4. Host Representative
5. Other

In Addition: In a pool environment the City of Markham lifeguard staff are to take control of any situation and follow the protocol designed in the Aquatic Staff Manual.

If an increased level of care is volunteered by outside party (i.e. doctor) and accepted by the liable care givers, that person must assume complete responsibility of the patient until Paramedics arrive and assume control.  
The City of Markham will always promote the best possible care to causality wherever possible.

### **Operational Procedures**

Operational procedures are defined by the host. This standard of care is required to meet the minimum health regulations and guidelines supported by the Lifesaving Society. In a situation where the host does not have operational standards, the Lifesaving Society will consider adopting operational procedures that meets the industry standard for that location/venue.

### **General safety**

Ministry Regulations as well as facility specific rules must be followed to ensure safety.

Lifeguards are to be supplied by host for all pool venues.

Lifeguards are to ensure the safety of those in the facility at large.

The lifeguard staff are to interact with public and enforce house rules as required.

Non swimmers should not be in the water without a strong swimmer or unless they are able to touch the bottom.

Non swimmers that are involved in the competition should identify themselves to the referee.

Diving is prohibited in the shallow water. Check specific facility for details.

### **In Non Aquatic Environments:**

In City of Markham buildings, incidents should be reported to the building staff immediately.

Trained Health and Safety Representative will be on call in non-aquatic environments i.e. lock-up, Venues not in the pool area.

### **Personal Safety/Cross Contamination**

Individuals are responsible for ensuring the complete information of any medical conditions, medications and /or allergies are communicated to a responsible person that will be looking out for their interest i.e. Coach.

The Championship Management Team or the City of Markham will not be responsible for the monitoring of individuals.

Footwear is required to be worn in non-pool areas.

### **Warm ups**

Swimmers should observe the right of way. Swimmers in adjacent lanes should swim in opposite directions to avoid injuries along the lane ropes.

Swimmers are to stay clear of turn walls as much as possible. Stay to the side or be completely removed from the water.

There will be designated diving lanes. Dive starts are prohibited in lanes other than the designated lanes.

Where specialized equipment is used, designated lanes will be assigned to ensure safety i.e. Fins only lane.

### **Swim Events**

All competitors should stay in the water until the last competitor has touched the wall.

In Line throw, the catcher is required to remain in the water until the heat is finished.

### **Safety Equipment**

Stocked First Aid kits are required at all venues. First Aid kits are in a designated area and clearly identified.

Emergency phones are required at all venues. Emergency phones are in designated areas and clearly identified.

Officials are required to wear a whistle during the competition as a form of communication to alert any incidents may occur.

AED units for this competition will be available at the City of Markham facilities.

**AED Option – Public Access Defibrillators**

AED units are kept in a designated location at each facility. The City of Markham keeps AED units in areas that the public may have access to (i.e. mounted on a wall in the pool hallway). The City of Markham encourages all patrons who have AED training to respond immediately and use the AED machine to assist any individual in Cardiac Arrest. Patrons do not have to wait for a staff person to arrive before activating the AED machine.

**Specialized Equipment**

Back stroke flags are required for all swim events.

If specialized equipment is available at facilities, only the trained designate is to use equipment. This may include equipment such as oxygen, BVM's etc. If an increased level of care is volunteered by outside party (i.e. doctor) and accepted by the liable care givers, that person must assume complete responsibility of the patient until Paramedics arrive and assume control.

**Emergency Procedures**

If an emergency occurs, it should be identified to the nearest host safety rep/official. Officials, then need to communicate and ensure the trained host staff are able to resume treatment. The host trained health and safety reps are to command and take control of the situation at the earliest possible moment. All emergency procedures are set by the facility and should be adhered too.

Medical Emergency, Fire Loss of Power, Pool Fouling, Mechanical Failure etc.

Refer to the Emergency Procedures attached. More detailed information can be found in the Aquatic Staff Manual.

**Communication**

Radios (or other device) will be provided by the Lifesaving Society to link the competition areas.

The Safety Officer will have a dedicated line out at all times.

Officials will all carry whistles on their person.

Phone lines at host locations may not have direct line access out. Health and Safety Reps will direct and orientate Key Officials at satellite locations.

**Contingency Plans**

All contingency plans are decided by the Championship Management Team. The management team has the right to postpone, reschedule or cancel an event or competition if the venue is deemed unsafe.

**Facilities**

Competition Pools / Facilities: List all locations being used for said competition.

1. Name: Markham Pan Am Centre  
Street Address: 16 Main Street Unionville  
City: Markham  
Province: Ontario  
Phone: 905-475-4730

Attached is a diagram of the competition pool.

**In Case of Emergency**

For Emergencies 9-1-1  
Non-Emergency Police

**Additional Items that may need to be attached to this plan**

1. Diagram of competition pools
2. Copy of Host Club / Affiliate Emergency procedures on Medical Emergency, Fire, Loss of Power, Pool Fouling, Mechanical Failure, etc.

**In Case of Emergency****Walk-In Clinics**

Markham Mews Medical Clinic  
4997 Highway 7  
Markham, Ontario  
L3R 1N1  
905-475-3995

**Hospital**

Markham Stouffville Hospital  
381 Church Street  
Markham, Ontario  
L3P 7P3  
905-472-7000